

Register Now!

Pre-registration is required for this class: please register at least one week prior to the first class. This will prevent classes from being cancelled due to low enrollment. All registrations will be dated and processed in the order they are received. Use one of the following choices for registering:

In Person: Come into the Adult School office during business hours and we will assist you with registering for the class of your choice. To continue to serve you better, the Adult School accepts VISA™, MasterCard™, and DiscoverCard™.

By Mail: Check out our online course catalog at <http://ae.slcsusd.org> or call to check if there is space available in the class. Print and send a registration form (you'll need Adobe Reader® to open the form). To secure a spot in the class, payment must be included.

Send it to:

San Luis Coastal Adult School
1500 Lizzie Street, Room G1
San Luis Obispo, CA 93401

If paying by credit card you may fax your form to 805.544.0638.

By Phone: Call the Adult School office (805.549.1222) during business hours and provide your credit card information. It's that easy!

Class size is limited— REGISTER NOW!

Registration and payment of fees begin **August 13** for Fall 2008. The 10-week course begins **Tuesday, September 16th, 2008**, with classes held 9/16, 9/23, 9/30, 10/7, 10/14 & 10/21 from 5:45-8:45pm & 10/28, 11/14, 11/18 & 11/25 from 5:45-7:45pm.

Class fee is \$75 per individual or \$95 for both parents. Each participant receives a workbook.

Parent Project® Facilitator

The 10-week course will be taught by Karen Rogers, MA, MFT, who has been facilitating Parent Project® since January 2001. She brings to the class extensive experience in treating adults and adolescents for alcoholism and addiction as well as a compassionate, down-to-earth approach to healing individuals and families.

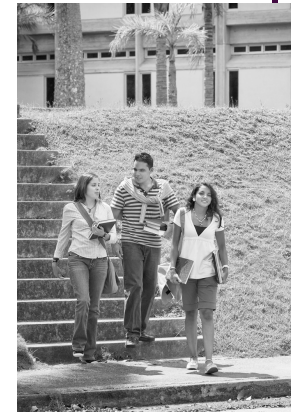
As a resident of SLO County since 1998, Karen has gathered a wealth of resources to assist parents in accessing services.

Karen's passion and enthusiasm for the course well as her sense of humor and dynamic teaching style ensure that if you commit, as parents, to little more than 24 hours—one day!—your life can truly change!



Parent Project®

Changing Destructive Adolescent Behavior®



Parent Project® is being offered
Fall 2008 through
San Luis Coastal Adult School

Parent Project® is offered
through San Luis Coastal
Adult School
1500 Lizzie Street
San Luis Obispo, CA 93401
Phone: 805.549.1222
Website: ae.slcsusd.org

adult school
COMMUNITY, CAREER, & ADULT EDUCATION

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COMMUNITY, CAREER, & ADULT EDUCATION

Parent Project®—Changing Destructive Adolescent Behavior

Provides Parents with Proven Methods To:

- End parent-child arguments—forever!
- Improve grades and school attendance.
- Learn how to “out will” a strong-willed child!
- Prevent (or stop) alcohol, drug, and tobacco use.



What Do You Do When...

- Your child refuses to help around the house?
- Your child screams and curses at you?
- Your child won't talk to you?
- Your child hits you?
- Your child is a drug user and may be addicted?
- Your child refuses to go to school?
- Your child is in a gang?

Just Tell Me, What Should I Do?

The Parent Project® was created for parents with difficult or out-of-control adolescents. Parents learn and practice specific prevention and intervention strategies to combat destructive behaviors—truancy, alcohol and other drug use, gangs, occult practices, running away, violence and suicide.



The Training

This award-winning curriculum was developed over a period of 13 years, working with thousands of families with high-risk adolescents. It is unique in that it focuses on the most destructive of adolescent behaviors.



The 10-week, 26-hour course will provide parents with the no-nonsense answers, tools, emotional and practical support to effect change.

The Results Speak for Themselves

- ✓ 33% reduction in juvenile recidivism, 98% drop in school expulsions; (*Minidoka, ID—OJJDPs' Juvenile Justice Journal, Sept. 2004*)
- ✓ 73% reduction in juvenile-related law enforcement calls for service; (*Roseville, CA 2006*).
- ✓ Increase Youth Social Initiative
- ✓ Decrease Anti-social Behavior
- ✓ Increase Youth Academic Achievement
- ✓ Increase Family Time
- ✓ Increase Parental Knowledge
- ✓ Increase Parental Warmth/Affection
- ✓ Increase Parental Hopefulness (*Stolz, et al 2006*).

For more information about Parent Project, go to <http://www.parentproject.com/>

Parent Project® Referrals:

Parents are self-referred or can be referred to Parent Project by officers in the field, juvenile detectives, diversion programs, the juvenile probation department, school officials, churches, mental health workers, social workers, or the court system.